

## June 2007

ACS Information 531-1941

FRC Information 531-9426

HOPE LINE: 531-HOPE (531-4673).....SEXUAL ASSAULT HOTLINE: 531-1848.....VICTIM ADVOCACY HOTLINE: 531-6333

**Attention Deficit Hyperactivity Disorder (ADHD) Workshop** A workshop designed for parents and children with ADHD to help them recognize, understand and accept the condition. Free childcare. **531-2840 / 1938 / 4858**

**AFTB: Army Family Team Building Instructor Training** An educational program for spouses consisting of three levels of instruction geared to the military experience level of the family, not the rank of the sponsor. Soldiers are welcome and may be eligible to earn promotion points. On site childcare provided at no charge. **531-1897 / 6269**

**AFTB: Army Family Team Building Levels I, II, & III** An educational program for spouses consisting of three levels of instruction geared to the military experience level of the family, not the rank of the sponsor. Soldiers are welcome and may be eligible to earn promotion points. On site childcare provided at no charge. **531-1897 / 6269**

**Anger Management** A lunch hour workshop designed to define anger, its causes and effects and to learn ways to reduce the effects. **531-0636 / 1938**

**Budget and Bank Account Management Class** Class designed to develop budgeting skills and bank account reconciliation.

**Child Crafts** Arts and Crafts class for toddlers.

**Community Action Council (CAC)** A community forum to address installation issues, events and projects. Open to the public. **531-1897**

**CONUS Brief** Required briefing for those soldiers PCSing for the first time within the US. Spouses are welcome. Provides information on what to expect and how to prepare for a PCS move. **531-6952**

**EFMP Support Group** Offers families with family members who have disabilities a forum to share ideas and experiences. On site childcare provided at no charge. **531-1938 / 2840**

**ESL** English as a Second Language. For those wishing to learn English or improve their English language skills. **531-1895**

**FRG Leader Training** Designed to assist persons who want to act as Family Readiness Group Leaders for their units to become familiar with situations which may arise within the FRG/unit. Provides information regarding available installation resources to assist families. On site childcare provided at no charge. **531-9743**

**Game Night** A casual evening for anyone interested in learning and/or playing board games and meeting new people. On site childcare provided at no charge. **531-1938**

**Korea, Germany & Hawaii Briefs** Required briefing for those soldiers PCSing to those OCONUS locations. Spouses are welcome. Provides information on the host country and military resources available. **531-6952**

**Mothers' Support Group** A support group designed to provide encouragement for mothers of children between the ages of pre-birth and three-years old. Every four-week session offers a new topic of interest. Topic – Flower Arrangement **531-1938 / 7065**

**Newcomers' Orientation** Required for all soldiers newly assigned to Fort Polk. Spouses are welcome and encouraged to attend. Information regarding each major agency on post is presented. On site childcare provided at no charge. **531-6952**

**Play Morning** Structured play for parents and children in a group setting. Activities include story time, crafts, music and more. Ages 4 and under. **531-1938**

**POC Training** Class designed to assist points of contact for FRG's in understanding their responsibilities for distribution of information to FRG members through use of the telephone tree. **531-9743**

**Savings and Investment** A class designed to inform participants about the different methods of Savings and investment to multiply your money in preparation for meeting your long term financial goals. **531-1957**

**SNAP** A special needs accommodation process by invitation only to assist children who have special needs with the best educational process in child and youth services to meet those needs. **531-2840**

**Sponsorship Training** A class designed to teach how to be an effective sponsor for a newly arrived service member or family. Provides information regarding available installation resources to assist families. **531-6923 / 6952**

**Strengthening Stepfamilies** A workshop designed to teach parents how to build a successful stepfamily. Parents learn how to create harmony and stability in their stepfamily while raising responsible, courageous children. Free childcare. **531-1938 / 4858**

**Toddler Play** Unstructured playtime for children ages birth to 4 years. **531-1895**

**Unit Victim Advocate Training** Mandatory training designed for unit victim advocates who are on orders to serve as uniformed victim advocates for victims of sexual assault.

**Waiting Spouses** A support group for spouses separated from their soldier due to deployment, extended TDY or unaccompanied tour. Includes crafts or activities. Onsite child care provided at no charge. **531-6923 / 6952**

**1st Term Financial Class** Required class for soldiers in their first enlistment. Spouses are welcome. Teaches the basics of financial management, to include: budgeting, credit reports, life insurance, check book management. **531-1957 / 1958**